

Intentions Masculine Values Scale (IMVS-12)

Citations:

Oliffe, J. L., Rice, S., Kelly, M. T., Ogrodniczuk, J. S., Broom, A., Robertson, S., & Black, N. (2019). A mixed-methods study of the health-related masculine values among young Canadian men. *Psychology of Men & Masculinities*, 20(3), 310.

Instructions for completion: Please think back over the last four weeks and respond to each item considering how often it applied to you. Please respond where 1 = *strongly disagree*; 5 = *strongly agree*.

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
1. A man should be open to new experiences	1	2	3	4	5
2. A man should be open to new ideas	1	2	3	4	5
3. A man should be open to new people	1	2	3	4	5
4. A man should care about other people	1	2	3	4	5
5. A man should help other people	1	2	3	4	5
6. A man should give back to his community	1	2	3	4	5
7. A man should be independent	1	2	3	4	5
8. A man should make his own decisions	1	2	3	4	5
9. A man should be self sufficient	1	2	3	4	5
10. A man should have physical strength	1	2	3	4	5
11. A man should be fit and healthy	1	2	3	4	5
12. A man should stay in good shape	1	2	3	4	5

Scoring: The IMVS-12 provides two subscale scores, with higher scores indicating greater endorsement of each value domain:

Subscale	Items
Inclusive (Open and selfless)	1,2,3,4,5,6
Empowered (Healthy and autonomous)	7,8,9,10,11,12

Contact:

A/Prof Simon Rice
Principal Research Fellow & Clinical Psychologist
Orygen; Centre for Youth Mental Health, The University of Melbourne
simon.rice@orygen.org.au